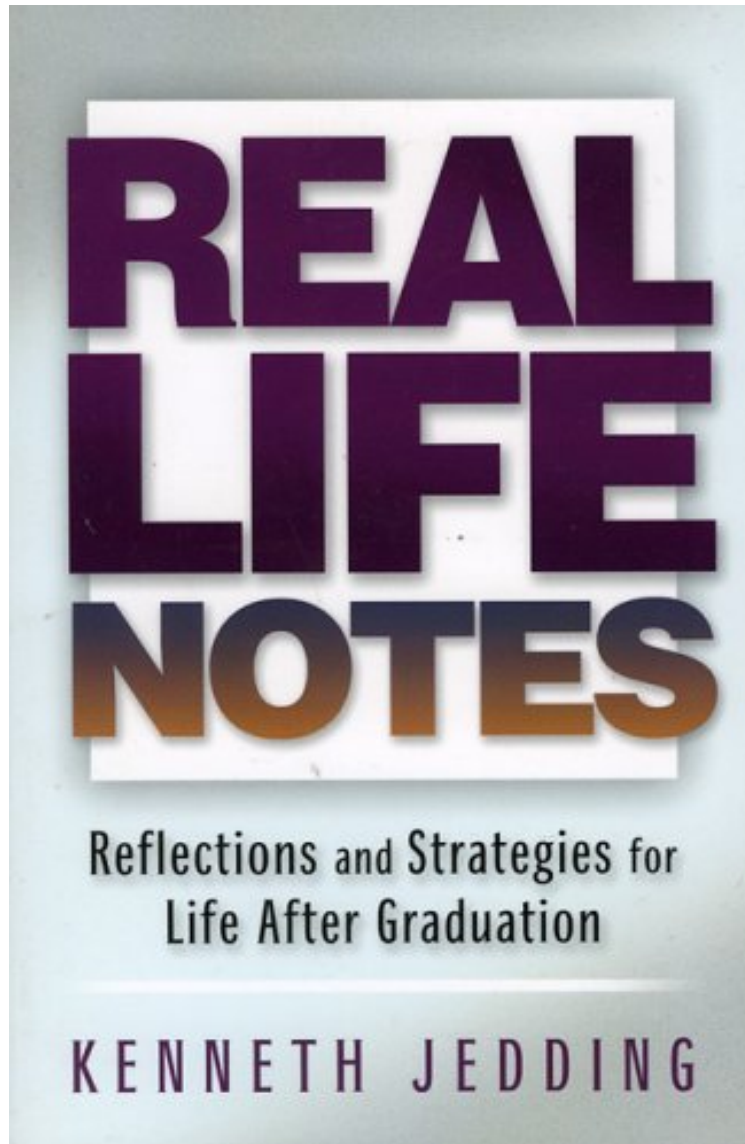


[FREE] Real Life Notes: Reflections and Strategies for Life After Graduation (The Life Navigator Series)

Real Life Notes: Reflections and Strategies for Life After Graduation (The Life Navigator Series)

Kenneth Jedding

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Kenneth Jedding : Real Life Notes: Reflections and Strategies for Life After Graduation (The Life Navigator Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised Real Life Notes: Reflections and Strategies for Life After Graduation (The Life Navigator Series):

1 of 2 people found the following review helpful. Insight that's good for all agesBy Paul LappenSo you've just

graduated from college or are otherwise about to enter the workforce. Now what? This book attempts to give some answers. This book doesn't try to say that Career X will be the fastest growing in the next 10 years, or entry-level jobs in Career Y will be worth a certain salary per year. It asks questions like: What is your goal in life? A goal of "making lots of money" would seem to indicate a career in computers or the financial sector. What if you are not cut out for computers or the financial sector? Start with something about which you are passionate, and brainstorm from there. A boring job, no matter how lucrative, is not worth it. Everyone wants to find their ideal job immediately. Life doesn't work that way; it's supposed to be a learning experience. Every job, no matter how boring, is just one step closer to that ideal position. Employers are more interested in real enthusiasm (passion) for a job or demonstrated abilities in, for instance, problem solving and logical thinking, than in a degree in a certain field. When faced with an unsuccessful job interview, some people consider it no big deal and go on to the next one, while others get very depressed and upset with themselves. The difference is called Perspective. Try cutting a huge task into smaller pieces, and be sure to reward yourself when you accomplish those smaller tasks. Why is it that, in a friendship, we can accept the other person, warts and all, and give without thinking about it, but in a relationship, much more attention is given to how much each person is giving or taking? Ignore the drumbeat of society which says that a person "should" be married or in a long term relationship by a certain age. Your time may come earlier or later in life. When it comes, you'll know. If the relationship with the parents was difficult (in any sense of the term), consider forgiveness. The intention isn't so much to let them off the hook, as to let yourself off the hook. That way, you can get past whatever emotional hold they had on you, and get on with your life. This book is a keeper. It's recommended not just for college graduates (all of whom should read it), but for people who have been out of college for awhile. It's got a lot of insight that's good for all ages. It's really worth it. 2 of 3 people found the following review helpful. One more book before you leave college it's good! By Rebecca Brown REAL LIFE NOTES will help you take back your authenticity, your originality, your passion your life after years of being molded manipulated by the education system. REAL LIFE NOTES deals with the five basic terrors ahead of every student who is finally graduating from the American education system - Career, Perspective, Relationships, Parents Yourself. Kenneth Jedding has written one of those lively self-help books that doesn't have a pompous opinion in it, although it has a slew of quotes from world renown writers thinkers, like Winston Churchill, Lin Yutang, Aldous Huxley, Helen Keller, Oprah Winfrey. A perennially perfect gift for everyone graduating into real life. 3 of 4 people found the following review helpful. A much needed book By Alex When I first picked up this book, I thought it was simply a guide on how to find a job after graduation. Fortunately, it is much more than that. It gives some great advice on how to mentally prepare yourself to handle all that uncertainty that comes after getting that diploma. The author is very clear and concise. He doesn't overwhelm you with complicated terms or strategies. Using some of his personal experiences as examples, he provides you with a more optimistic and practical way to approach life in general. This one is for people who cannot stop worrying about the future or finding out what they want to do in life.

REAL LIFE NOTES is a mentoring guide for new graduates and twentysomethings, especially for career, but also for perspective, relationships and the parents. Subjects covered: getting started, making money, figuring out what to do if you feel clueless, and much more. With over 100 quotations, many with an edge for this audience.

...can help guide new graduates and twenty-somethings toward a life they can be proud of. -- Mark Levy, author of Accidental Genius From the Author I once saw a 19th Century book of advice. It covered careers, relationships, and family. It was more or less useless--strict and moralistic. It said, "The woman's role should be this." "The man should do that..." But I liked the fact that someone had tried to offer advice in all the life areas. When I graduated from college I had wanted such a book, but one that was useful. Years later, I wrote Real Life Notes. About the Author Kenneth Jedding wrote REAL LIFE NOTES: Reflections and Strategies for Life After Graduation to offer people the timeless information which he feels can help them--in some way, shape, or form--go faster, and further. He wrote from his experiences, including those in banking, teaching, living in Europe and Asia, and driving a taxi. He lives with his wife in New York City.