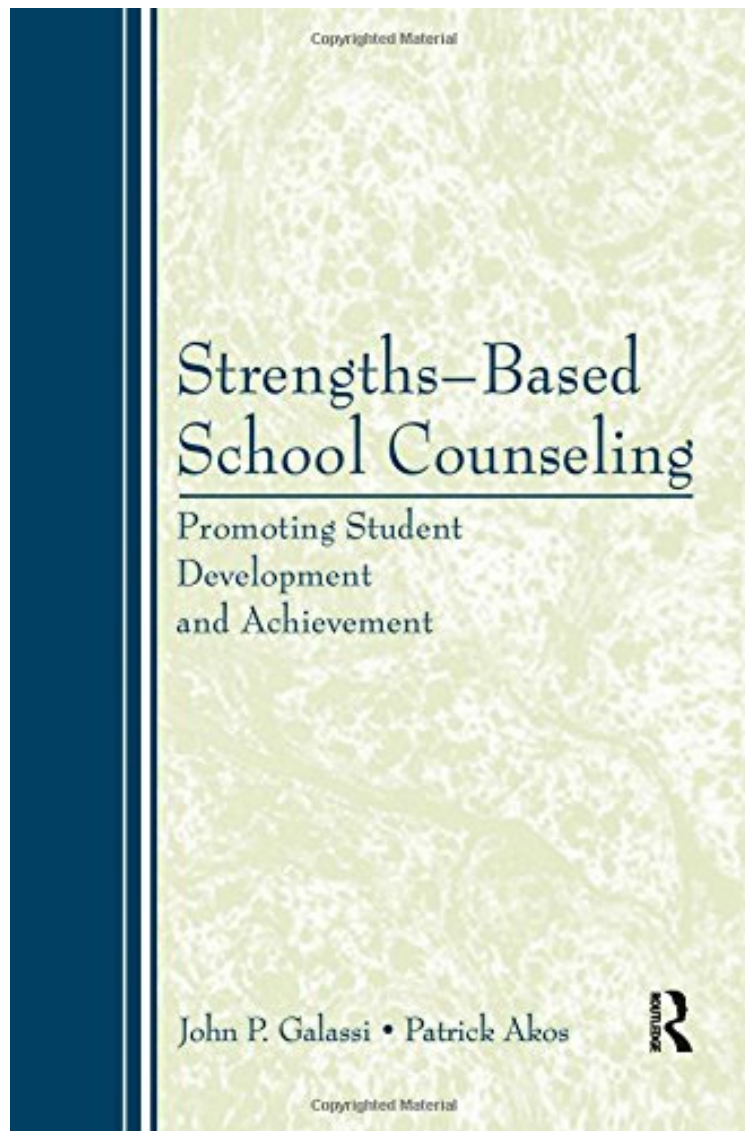


# Strengths-Based School Counseling: Promoting Student Development and Achievement

*John P. Galassi, Patrick Akos*  
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**John P. Galassi, Patrick Akos : Strengths-Based School Counseling: Promoting Student Development and Achievement** before purchasing it in order to gage whether or not it would be worth my time, and all praised Strengths-Based School Counseling: Promoting Student Development and Achievement:

Despite calls for a more preventive and developmental mode of functioning, school counseling has tended to be driven by a reactive and sometimes crisis orientation. Like social workers and school, counseling, and clinical psychologists, school counselors typically function to alleviate deficits, often in a small percentage of the students they serve. Although this orientation has served school counselors well in many instances, it is not empowering, it does not serve all students, and it does not replace those deficits with the type of positive characteristics and abilities that schools are attempting to develop. This is the first book to provide a comprehensive look at the theory, research, and intervention strategies that comprise a strengths-based, developmental approach to school counseling. In keeping with ASCA recommendations, the Strengths-Based School Counseling (SBSC) framework discusses academic, personal/social and career development outcomes for all students at the elementary, middle and secondary school levels. Other key features include: integrative framework SBSC builds upon contemporary research from a variety of areas: school counseling, developmental psychology, school psychology, education, positive psychology, resiliency, and social work. evidence-based interventions detailed examples of successful evidence-based interventions and environments are presented at the elementary, middle, and high school levels for each major developmental area (academic, personal/social, and career) identified in ASCA's National Model. readability and pedagogy beautifully written, the text includes lists of key points, tables of student strengths, illustrative examples, and student exercises.

On balance, I think the book will make a significant contribution to school counseling. I would certainly use it in my own teaching. There are good ideas, interventions, and materials here that can be used in school counseling across different conceptions of the school counselors role. Ed Herr Penn State University This book will be state of the art in the developmental aspects of school counseling. It is up-to-date, evidence-based, and tied to standards and models of school counseling. Bruce Wampold University of Wisconsin About the Author John P. Galassi is Professor and Coordinator of School Counseling at The University of North Carolina at Chapel Hill. He is a fellow (Division 17) of the American Psychological Association. He is a former university counselor. His professional and research interests include strengths-based approaches to counseling in schools, interprofessional training, and positive psychology. Visit [http://soe.unc.edu/fac\\_research/profile/galassi.php](http://soe.unc.edu/fac_research/profile/galassi.php) for more information about Professor Galassi.