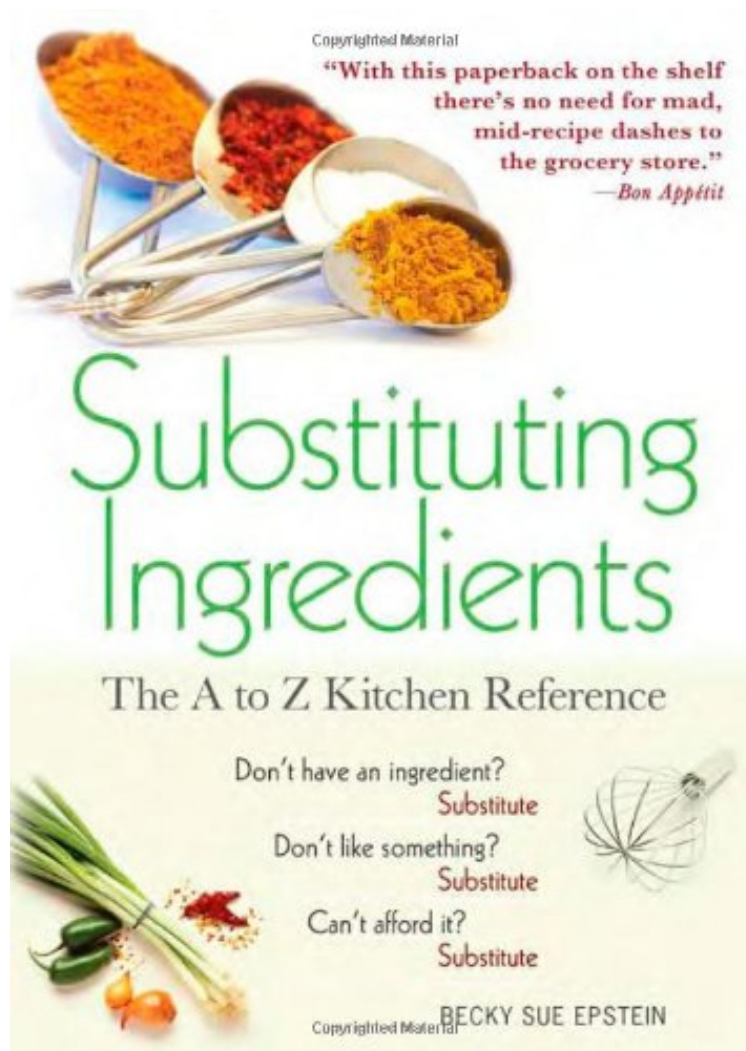


Substituting Ingredients, 4E: The A to Z Kitchen Reference

Becky Sue Epstein

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1 of 1 people found the following review helpful. Kitchen Must Have By Carolyn Great little book and this update has a nice addition of a spice chart that makes it easier to find what you need. If you do a lot of ad hoc cooking or baking and forgot to plan what you needed at the store, this is a great book to have. Helps you make the most of what you have on hand. 1 of 1 people found the following review helpful. We keep this in the kitchen, on the cookbook ... By Patricia Abeling We keep this in the kitchen, on the cookbook rack. It comes in very handy when I decide to make

something, that I had not planned on, not always have all the ingredients, and this helps with the decision on what to use as a substitute instead of running to the store. A must for any kitchen. 1 of 1 people found the following review helpful. Wonderful resource! By Sheri Includes almost every ingredient I could think of possibly needing to substitute. Substitutes are reasonable items to have in pantry or purchase (in other words, nothing so exotic it can only be found in a specific location). Compact size makes it easy to store use while cooking.

Everyone has been in this predicament: you're at home, with no time (or desire) for a trip to the store-but the recipe you're using calls for an ingredient you don't happen to have on hand. With this book, you'll have a solution: substitute. In *Substituting Ingredients*, author Becky Sue Epstein has collected more than 1,000 easy-to-find, healthy, and cheap substitutions. You'll find: Substitutions for difficult to find items and common items you may not have on hand Green, nontoxic household cleaner solutions Less expensive ingredient options The best ways to measure fruits and vegetables for recipes Simple recipes for condiments, sauces, marinades, and spice mixtures Strategies to remedy too much or too little of an ingredient "With this paperback on the shelf there's no need for mad, midrecipe dashes to the grocery store." -Bon Apptit