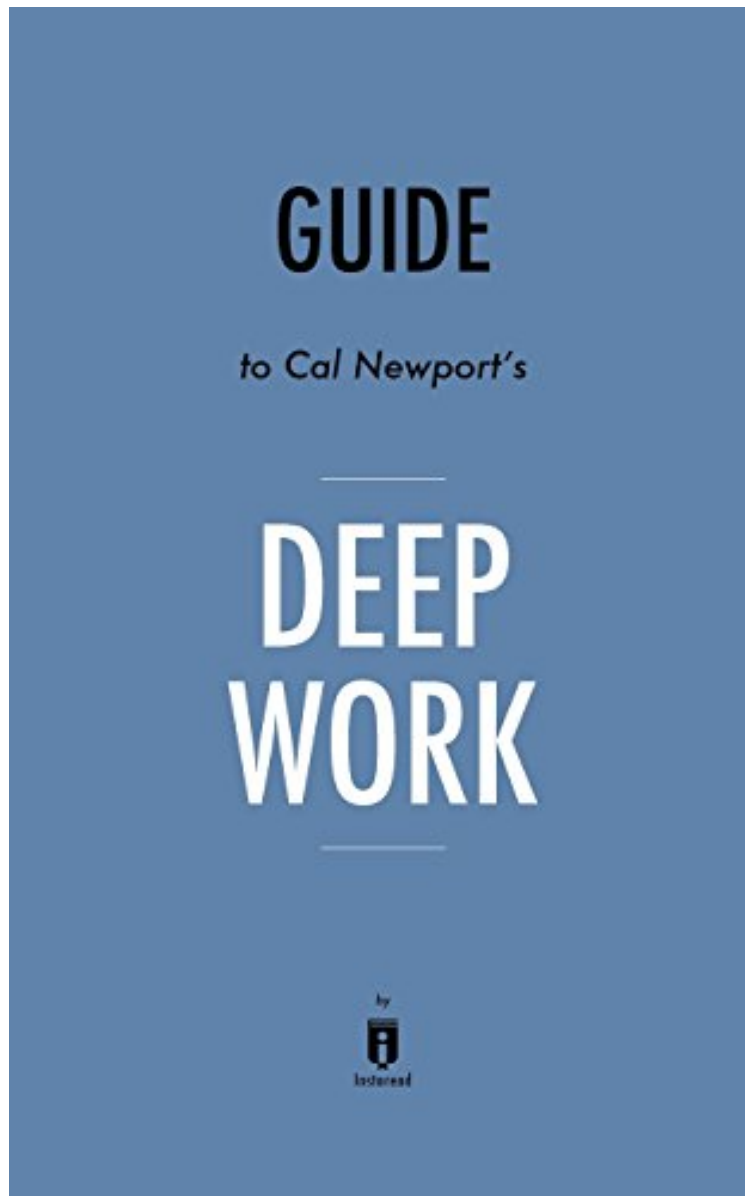


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9 of 9 people found the following review helpful. Getting more done in less time by focusingBy Charles A. RayIn todays world, workers are rewarded for performance of multiple tasks that often add little in the way of productive

output to their organizations. Cal Newport's Deep Work describes the process of full engagement on one most important task, deep work, as a way of producing better results. Deep work, paradoxically, does not require working longer hours, and creative idleness can often be productive. Summary of Deep Work by Cal Newport by Instaread is an analysis of this book, complete with discussions of the key takeaways, the author's style, and his credentials. This is an amazing resource that enables you to get a sense of the whole work before you buy it, and is highly recommended if you're looking for a way to winnow the wheat from the chaff in the sheer volume of new books being published. I received a complimentary copy of this book in exchange for my unbiased review. 9 of 10 people found the following review helpful. METHODS FOR IMPROVING YOUR PERSONAL FOCUS CONCENTRATION By KEBLAAB This is an overview of the actual book Deep Work. Kind of like an abbreviated Cliff's Notes for the full book. It provides a potential reader enough information regarding this book's content to determine if we want to invest the extra money and time to actually buy and read the entire book. This summary lists several of the points the book goes into greater detail on to help improve an individual's focus and concentration. Reading through this outline helps you determine whether actually buying the entire book makes good sense for YOU. 0 of 0 people found the following review helpful. Five Stars By R F Doherty (it's hard to understand):

Summary of Deep Work by Cal Newport - Includes Analysis Preview: Deep Work describes a method of engaging with one's professional efforts in a full and immersive manner to produce better results. This type of focused effort does not require longer hours. Instead, a seasoned practitioner can accomplish more in a shorter time frame. Furthermore, the product of this working style will be of a higher quality than what others produce when they attempt to work while succumbing to the noise of distractions around them, particularly those related to technological overload. Today's work culture rewards people who are frequently busy and responsive to email throughout all hours of the day and night. However, these people are least likely to produce at the high quality that can only be created by engaging in deep work... PLEASE NOTE: This is summary and analysis of the book and NOT the original book. Inside this Instaread Summary of Deep Work: Overview of the book Important People Key Takeaways Analysis of Key Takeaways About the Author With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways and analyze them for your convenience.