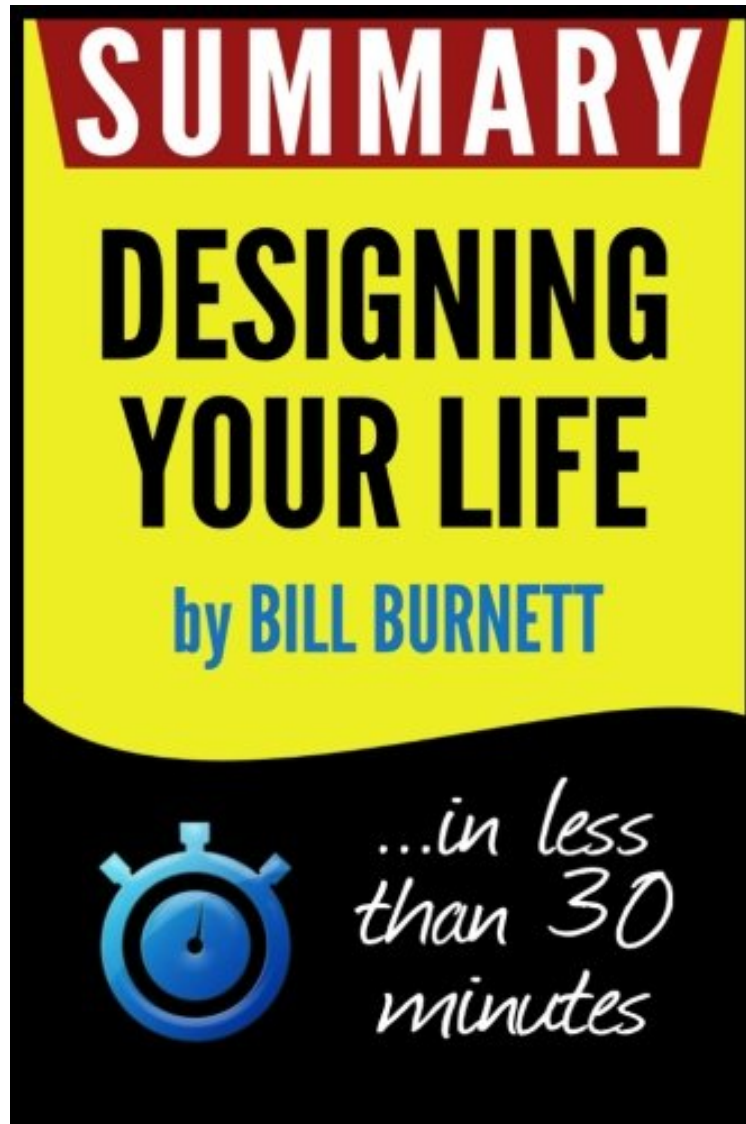


Summary of Designing Your Life: How to Build a Well-Lived, Joyful Life (Bill Burnett)

Book Summary

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school project, but does not summarize it. This is certainly no replacement for reading the whole book. A group of us are reading *Designing Your Life* for a meeting we are having in a few weeks and I thought this might be an alternative for anyone that did not have time to read the whole book. Not the case at all. 0 of 0 people found the following review helpful. Not thoughtful. By Arthur Geoffrion Not a very thoughtful summary, I'm afraid. 0 of 0 people found the following review helpful. Awesome book. They did a great job to summary ... By Shienichi Awesome book. They did a great job to summary this novel. I really like it since they haven't affect the whole story and the thought or lesson of the story is still there. Got this book from my friend of mine who is currently studying in Harvard. Great book!

Designing Your Life by Bill Burnett | Book Summary How does one define a well-lived, joyful life? What does it take to have one? Is it even possible to have one, or change a less successful life for the better? These are the some of the common questions people from all walks of life ask themselves every day. Everyone from successful professionals to entry level graduates ask themselves what defines a life full of satisfaction and joy. Sadly, the answer is not a direct one. *Designing Your Life* tries to offer another view to the problem. This book is specifically about living life by design. Authors Bill Burnett and Joel Evans believe that anyone can design the life they love and live it to the fullest. The book further pushes forth the view that there isnt one life to live but many, and that the ideals of success and happiness that most people have are not exactly true. The book opens with real-life examples of people who carried the wrong ideals of a well lived and successful life well into the latter part of their life and careers, only stopping to realise something was wrong when a part of them suddenly felt incomplete. The concept of design is not easily understood by everyday folks. Most people think of it from an engineering point of view and imagine it involves the creation of new products, technology, and services. What they never imagine is that design can be used to create new lives. This is the crooked belief that the book sets out to straighten through its explanation of design and the way it can be used to remodel and reframe life and peoples views of it. The correlation between designers and their love for problems is examined in another section, with the book attributing the creation of most, if not everything, people use today to designers ideas of using problems to get day-to-day solutions. Designers are always looking for questions so that they can find answers to their design ideas. Readers learn the concept of reframing and how every common question gets reframed in life design so as to find new and more helpful answers for it. The reframing process is further explained as taking new information about a problem, choosing a new point of view and prototyping it afresh to find new solutions. It is through this process that most design ideas are born. Following their step-by-step approach, the authors continue to introduce the main topic of the book, the Life Design process. They show how it can be used to better the life ones already living or create another one based on mere possibilities. They also explain its reliance on asking questions, researching, and team work. The book also introduces a different type of thinking: thinking like a designer. Before deciding to use the Life Design process, the book provides readers with the five mindsets they are supposed to have and shows how they are best applied. Here Is A Preview Of What You'll Learn... Start Where You Are Building a Compass Wayfinding Getting Unstuck Design Your Lives Prototyping How Not to Get a Job Designing Your Dream Job Choosing Happiness Failure Immunity Building a Team The Book at A Glance Conclusion Final Thoughts Now What? Scroll Up and Click on "buy now with 1-Click" to Download Your Copy Right Now
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