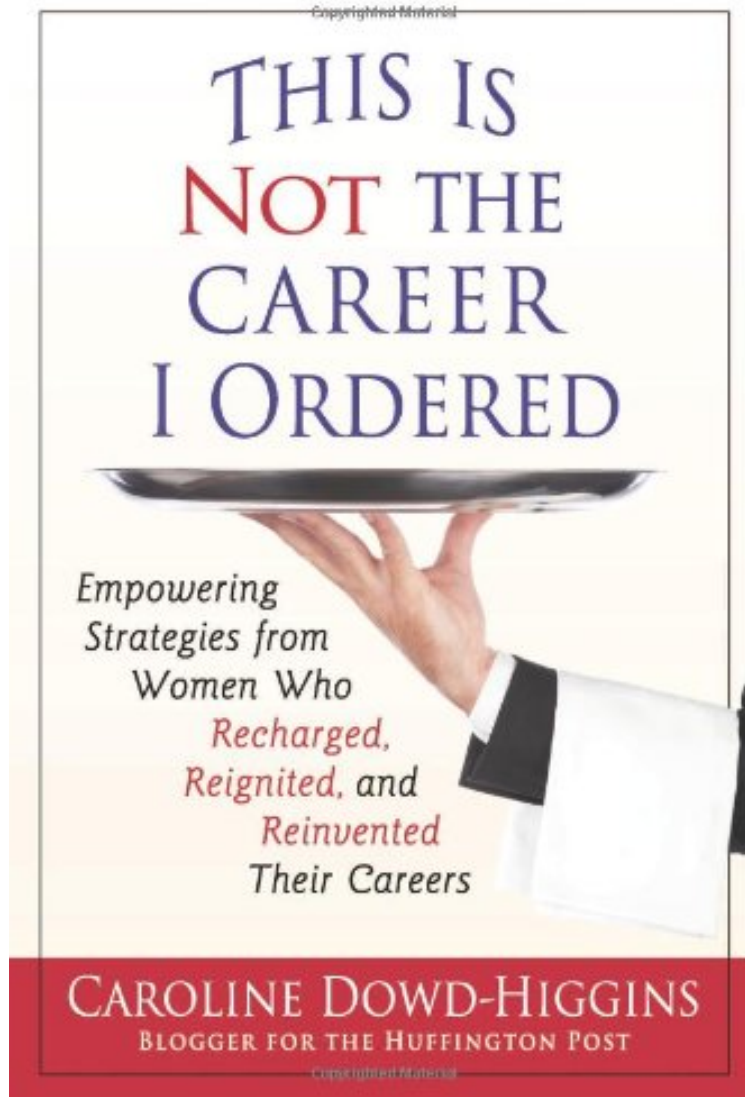


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This Is Not the Career I Ordered: Empowering Strategies from Women Who Recharged, Reignited, and Reinvented Their Careers

Caroline Dowd-Higgins

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3 of 3 people found the following review helpful. Authentic Empowerment - Exemplary Career-Change Guide BookBy Sherry G. MaysonaveThis is "MUST-READ" book for anyone considering career change, experiencing burn-out, and/or already engaged in a career shift. Caroline Dowd-Higgins outlines real-life strategies and action steps for finding success and fulfillment in a career that you enjoy. Her personal story is compelling and lends courage to those who let fear hold them back. Because of her own journey through letting go of a dream to finding a new dream, and succeeding on a new career path, Caroline's insights regarding the emotional and psychological aspects of career shifts hit the bull's eye. More to the point, she has lived in the heart and thick of it; subsequently, she nails all issues involved with authenticity and authority. I also found the stories of other women's career changes inspiring and energizing. I certainly wish I had read this book a few years ago when losing enthusiasm for a business that I had once cherished and had risen to the top by most standards. Yet, I am grateful to have read it recently as it has helped me to understand that I am not "throwing away" one career for another. My glow is reignited and I am liberated to enjoy and embrace my new career path. Thank you Caroline for sharing your journey and for this outstanding guide book!

0 of 0 people found the following review helpful. Not Only for Individuals Looking for a New CareerBy KateThe first chapter had me hooked. The book begins with tools for and explanations of self-discovery. This first chapter led me on a journey to understand my own values and personality which has facilitated understanding and effective interactions both professionally and personally. From there it is organized with inspiring stories of entrepreneurs, their advice and action steps, and detailed advice from Caroline which can immediately be put to use. The tools and recommendations are applicable to those looking to rejuvenate themselves in their current roles as well as those looking for a career change. This book helped energize and renew my passion for a career that I have been in for many years. Reading it has made me more mindful of my career; put me on the path to refine soft skills; and inspired me to step out of my comfort zone and take calculated risks. I am happier and more self-confident at work and am adding more value to a company to which I am sincerely devoted. Originally I picked up the book to read for inspiration, I now carry it in my briefcase to reference and share with others. Whether you are looking for a new career, tools to recharge your current career, and/or motivating stories...do yourself a favor and get this book today!

0 of 0 people found the following review helpful. Essential Reading for Every Woman in TransitionBy JoniThis book offers VERY PRACTICAL advice on how to go about making meaningful change in your career, whether it is from one job to another, one field to another, or simply planning a strategy on how to get the most from your current situation. It was easy to read, completely relatable and absolutely inspiring. Years before I read this book, I changed career fields and then transitioned into full time homemaking. I wish I'd had this book then. It would have made my life much easier. I used this book when I was at a turning point in my current choice of work and it gave me the energy and inspiration to revitalize what I am doing in a profound way. Dowd-Higgins' tips are simple but when put into practice, profoundly powerful. I had the good fortune of hearing her speak at a women's luncheon this year. I came away feeling energized and believing that I could succeed. I've implemented many of her suggestions in my life - assembling my own board of directors, remembering that positivity is infectious, paying it forward - and I've reaped results. That attitude has made a HUGE difference in my productivity and my ability to try new things. Buy this book and then get a copy for a friend. You won't be sorry!

Are you thriving in your career or spinning your wheels in a position that does not gratify you? Some people change careers by choice and others by necessity. If you are ready for change, you are not alone. Part self-help manual, part inspiration, *This Is Not the Career I Ordered* is a must read for those contemplating a career change. Professional career reinvention is possible and this resource will show you how to play to your strengths, discover your passions, and own your humble confidence as you plan your next career move. Told through the lens of amazing women who have reignited and reinvented their careers, the journey begins with the author's own emotional career transition. This book is multi generational and appropriate for your daughters, sisters, mothers, friends, and colleagues. Chock full of empowering, energizing, and motivating action steps to help you find a career that you will love.

About the Author Caroline Dowd-Higgins authored the book and maintains the blog: *This Is Not the Career I Ordered* which showcases her savvy professional development advice and women who are thriving after a career transition. In her capacity as Director of Career Professional Development and Adjunct Faculty at Indiana University Maurer School of Law, she coaches law students on how to prepare for the realities of the world-of-work in the legal arena and beyond. Dowd-Higgins also maintains an active private practice coaching individuals and corporate clients. She speaks nationally on professional development topics specializing in the empowerment of individuals in the workforce and pens a career blog for the Huffington Post online and a column for *The Chronicle* newspaper in Northern Indiana. Her columns are syndicated internationally by major media venues. Dowd-Higgins also hosts: *Career Coach Caroline*, a weekly broadcast heard nationally on CBS Radio, Tuesdays at 5pm. (www.carolinedowdhiggins.com)