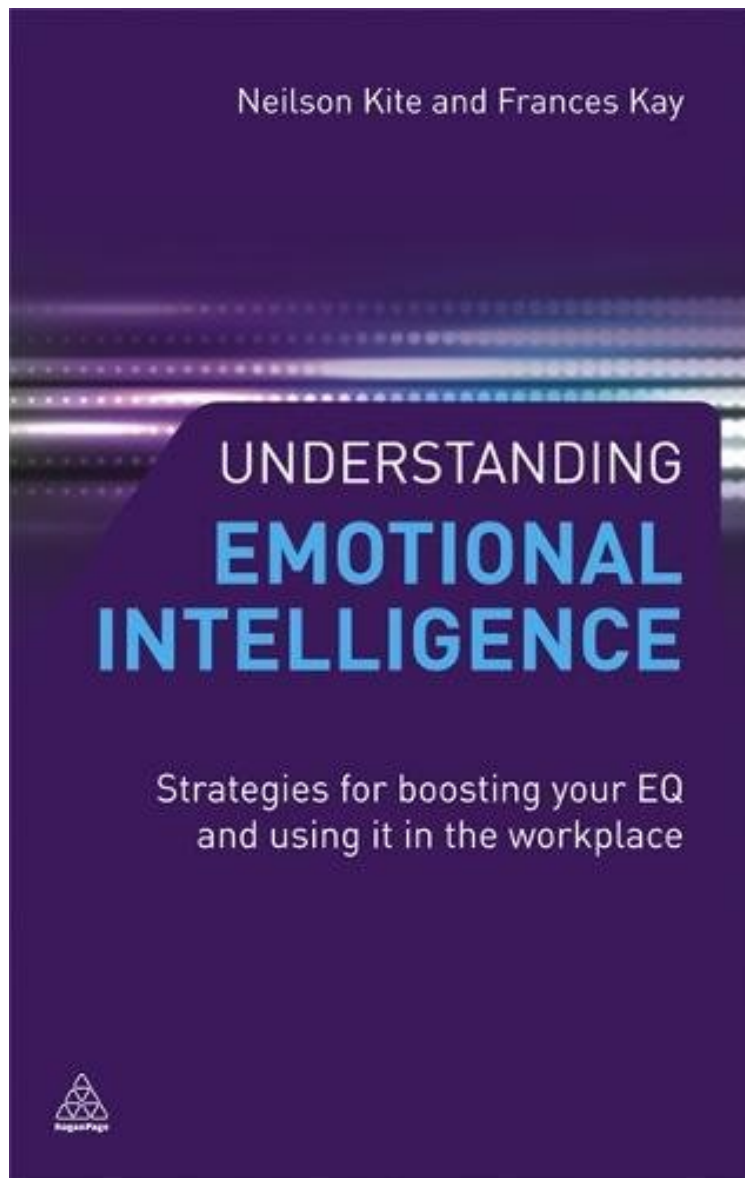


[Ebook free] Understanding Emotional Intelligence: Strategies for Boosting Your EQ and Using it in the Workplace

Understanding Emotional Intelligence: Strategies for Boosting Your EQ and Using it in the Workplace

Frances Kay, Neilson Kite

*DOC | *audiobook | ebooks | Download PDF | ePub*



DOWNLOAD



READ ONLINE

#1991625 in Books Kay Frances Kite Neilson 2011-12-15Original language:EnglishPDF # 1 8.50 x .51 x 5.50l, .66 #File Name: 0749458801240 pagesUnderstanding Emotional Intelligence By Kay Frances Kite Neilson | File size: 33.Mb

Frances Kay, Neilson Kite : Understanding Emotional Intelligence: Strategies for Boosting Your EQ and Using it in the Workplace before purchasing it in order to gage whether or not it would be worth my time, and all praised

Understanding Emotional Intelligence: Strategies for Boosting Your EQ and Using it in the Workplace:

Emotional intelligence, more than IQ and technical know-how, gives a valuable competitive edge to organizations and is crucial to the success of individuals. Used to its full advantage, you can learn to improve relationships to achieve your desired outcomes, perform better at interview and develop your decision making on a day-to-day basis.

Understanding Emotional Intelligence will show you how to: negotiate more effectively reduce conflict at work develop an emotionally aware organization use EQ as a management strategy produce an emotionally intelligent CV increase your self-confidence Including advice on social networking and communication, Understanding Emotional Intelligence provides clear and realistic guidance in a jargon-free way to help you achieve your goals and make the most out of every situation.

"[R]eplete with examples and case studies a comprehensive source of insight and information this exploration of emotional intelligence is interesting, enjoyable, and...enlightening." --Robert Moskowitz, New York Journal of Books
About the Author Frances Kay works with organizations in the field of research and corporate development. With many years' work experience covering politics, law and the diplomatic service, she has for many years also worked on covering retirement issues. She is the author of Successful Networking and co-author of Tough Tactics for Tough Times and Understanding Emotional Intelligence.
Neilson Kite has been widely published in the media on business topics and recently undertook ground-breaking work for the United Nations International Trade Centre and the European Union. He is a regular speaker at national and international conferences on management, marketing and communications topics. He is the co-author of Understanding NLP.